

I: AT THE BEGINNING OF AN ILLNESS

Morning Prayer

Almighty and eternal God, from my inner most heart I return Thee thanks for having preserved me this night. I commend myself once more to Thy paternal protection, resigning myself entirely to Thy divine will, whether I live or am soon to die. I offer Thee all the discomfort, all the sufferings and pains which I shall have to endure this day. For the love of Thee will I bear all sufferings and unite them with the Passion and death of Jesus Christ. As often this day as I shall sigh or breathe, or speak, or open and close my eyes, as often as I shall take food or drink or medicine, so often do I desire, O my God, to adore, to praise, and to love Thee. Accept, O Lord, the good will for the deed if, overpowered by the weight of my sufferings or weakness, I should neglect to offer Thee all. If Thou vouchsafest, O almighty God, to grant me another day, let Thy most holy name be praised. But shouldst Thou please to call me hence this day, let Thy most holy will be done.

O Mary, health of the sick, after God my only refuge, I implore thee, intercede for me with thy beloved Son, that through thy most powerful intercession I may obtain either health or the grace of a happy death. Protect me against the enemy of my salvation; obtain for me the grace that I, thy faithful child, may one day enjoy thy company in heaven. O most beloved Mother, to thee I entrust the care of my soul and body. With the help of thy protection, O most powerful Lady and tenderest Mother, I firmly hope to obtain my salvation.

O my holy angel guardian, I thank thee for having so carefully watched over me this night. I beseech thee and all the other holy angels to guard me during this day and until the end of my life. And you, O saints of God, especially my patron saints, help me with your intercession this day and do not abandon me in the hour on which all my eternity depends. Incline in my favor the divine Judge, that I may become an heir of everlasting bliss.

Night Prayer

All love and praise be to the Most Holy Trinity, God, Father, Son and Holy Ghost. I render Thee, O Lord, infinite thanks for all the benefits and sufferings Thou hast bestowed upon me this day. I humbly crave Thy pardon if I have not borne my pains with due patience. I commend myself to Thy divine patronage this night. I am heartily sorry for all my sins, because thereby I have offended Thee, O supreme Good, Whom I love above all things. Would that I had not offended Thee. I firmly purpose to amend my life. In reparation of my sins, I offer Thee, O heavenly Father, the infinite merits of Thy divine Son, Jesus Christ. Do not let the merits of His most dear sufferings and death be lost for me. Jesus, for Thee I sleep; Jesus, for Thee I wake; Jesus, for Thee I live; Jesus, for Thee I die; Jesus, I am Thine in life and in death. Amen. Most holy Virgin Mary, Mother of God, as suage my pains this night. Shield me in the hour of temptation, be my powerful intercessor with Jesus, thy divine Son. Holy angel guardian and all ye saints of God, protect me this night and preserve me from all evil. Merciful God, have pity on the souls in purgatory; give them eternal rest and let perpetual light shine upon them. May they rest in peace. Amen.

Act of Resignation to the Will of God

My Father, if it be possible let this chalice pass from me: nevertheless, not as I will, but as Thou wilt. (Matt. xxvi. 39). For what have I in heaven? and besides Thee, what do I desire upon earth? . . . Thou art the God of my heart, and the God that is my portion forever. (Ps. lxxii. 25, 26). As the Lord willeth, so be it. I will take the chalice of salvation and I will call upon the name of the Lord. (Ps. cxv. 13). My heart is ready, O God, my heart is ready (Ps. cvii. 2). Thy will be done on earth as it is in heaven. Illness, pains and death do I accept from Thy hand, O God, willing as I am to suffer for the love of Thee. Cut, burn, in this life, O Lord, only spare me in the next. (St. Augustine). If Thou wilt, O my God, that I should continue to

live longer, let me live only for Thee; if Thou wilt that I die, let me die in Thy peace. O Jesus, to Thee I resign myself; into Thy hands do I commend myself, as Thou did commend Thyself to Thy heavenly Father. I give myself up to Thee, and all that is mine; dispose of it as Thou pleasest. I am ready to suffer as much and as long as Thy divine wisdom has decreed. My only wish, O Jesus, is that Thy divine will be accomplished; I will live and die according to this will. Amen.

Prayer for Speedy Recovery

O my God, Whom every creature obeys, at Whose command every kind of infirmity or illness is removed, hear my prayer; hold out to me the hand of Thy mercy and cure me of every disorder of body and soul. Send me Thy Holy Spirit, that He may at all times protect, enlighten, visit me, and preserve me from evil of body and soul. Place Thy holy angel at my side, that he may heal me as he healed Tobias of old. May God the Father, Who created me, bless and heal me; may God the Son, Who suffered for me, bless and heal me; may God the Holy Ghost, Who sanctified me in Baptism, bless and heal me. Let the cross of Christ bless me; the cross of Christ heal me; the cross of Christ preserve me, that I may obtain life everlasting. Amen.

Litany for the Sick

Lord, have mercy on us, Lord, *have mercy on us.*

Christ, have mercy on us, Christ, *have mercy on us.*

Lord, have mercy on us, Lord, *have mercy on us.*

Christ, hear us, Christ, graciously hear us.

God the Father of heaven, *have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God the Holy Ghost, *have mercy on us.*

Holy Trinity, one God, *have mercy on us.*

Jesus, Who art near to all those who invoke Thee, *have mercy on us.*

Jesus, Who through mercy helpst all who confide in Thee, *have mercy on us.*

Jesus, Who did go to seek and cure the sick, *have mercy on us.*

Jesus, Who did stay up the weak and suffering, *have mercy on us.*

Jesus, Who dost refresh those who labor and are heavily burdened, *have mercy on us.*

Jesus, Who did console the stricken hearts, *have mercy on us.*

Jesus, Who did raise the dead unto life, Jesus, Who did bear all our pains, *have mercy on us.*

Be merciful, O Jesus.

Be merciful, hear us, O Jesus.

From all evil, *deliver us, Jesus.*

From all sin, *deliver us, Jesus.*

From all diseases and infirmities, *deliver us, Jesus.*

From impatience and despondency, *deliver us, Jesus.*

From the snares of the devil, *deliver us, Jesus.*

From a sudden and unprovided death, *deliver us, Jesus.*

From eternal damnation, *deliver us, Jesus.*

Through Thy toils and hardships, *deliver us, Jesus.*

Through Thy affliction and tears, *deliver us, Jesus.*

Through Thine agony and bloody sweat, *deliver us, Jesus.*

Through Thy holy wounds, *deliver us, Jesus.*

Through Thy precious blood, *deliver us, Jesus.*

Through Thy Passion and cross, *deliver us, Jesus.*

Through Thy bitter death, *deliver us, Jesus.*

Through Thy glorious resurrection, *deliver us, Jesus.*

Through Thy marvelous ascension, *deliver us, Jesus.*

In the Day of Judgment, *deliver us, Jesus.*
We, poor sinners, beseech Thee, hear us.
That Thou wouldst spare us, *we beseech Thee, hear us.*
That Thou wouldst pardon us, *we beseech Thee, hear us.*
That Thou wouldst bring us to true, penance, *we beseech Thee, hear us.*
That Thou wouldst give us a contrite heart, *we beseech Thee, hear us.*
That Thou wouldst strengthen us in our weakness, *we beseech Thee, hear us.*
That Thou wouldst preserve us in patience, *we beseech Thee, hear us.*
That Thou wouldst relieve our pains, *we beseech Thee, hear us.*
That Thou wouldst restore us to health of body and soul, *we beseech Thee, hear us.*
That Thou wouldst grant us perseverance in good, *we beseech Thee, hear us.*
That Thou wouldst grant us a happy death, *we beseech Thee, hear us.*
That Thou wouldst receive our spirit into Thy hands, *we beseech Thee, hear us.*
That Thou wouldst preserve us from the fire of purgatory, *we beseech Thee, hear us.*
That Thou wouldst bring us to the joys of heaven, Son of God, *we beseech Thee, hear us.*
Lamb of God, Who takest away the sins of the world, spare us, O Lord.
Lamb of God, Who takest away the sins of the world, graciously hear us, O Lord.
Lamb of God, Who takest away the sins of the world; have mercy on us.
Christ, hear us, Christ graciously hear us.
Lord, have mercy on us, Christ, have mercy on us. Lord, have mercy on us.

Our Father (secretly). And lead us not into temptation But deliver us from evil. Amen.

Save, O Lord, Thy servants. Who hope in Thy mercy.
Lord, hear our prayer. And let our cry come unto Thee. Let us Pray.
Heavenly Father, have mercy on Thy servant, who is sick. Confirm them in faith, strengthen their hope, fill them with the fire of Thy love. Give them enduring patience, that they may victoriously go through the fight and suffer everything for Thy greater glory and the salvation of their soul. Lessen their pains, forgive their sins, and bring them to life everlasting. Through Christ, Our Lord. Amen.

Act of Contrition (Father von Cochem)

Have mercy on me, O God, according to Thy great mercy, and according to the multitude of Thy tender mercies blot out all my iniquities. O God, forgive me my sins . O bountiful God, I am heartily sorry for having so often offended Thee. O merciful God, I am so sorry for my sins that my heart fails within me . Miserable man that I am, what have I done. O, that God may take pity on me . How many and what grievous sins have I committed. Ah, that I had not done so . Would that I had never offended my God. Forever will I be sorry for my sins. Forgive me, ah, forgive me, O my God, and think no longer of the outrage I have done Thee. I love Thee, O my God, with all my heart, And 'tis for me the greatest smart, That I offended Thee, the supreme Good Ah, wash me clean in Jesus' blood.

Act of Confidence in God (St. Alphonsus)

No one hath hoped in the Lord, and hath been confounded (Eccclus. ii. 11). Christ is the propitiation for our sins (1 John ii. 2), that is to say, He died to obtain forgiveness for our sins. The Lord is my light and my salvation; whom shall I fear? Into Thy hands I commend my spirit: Thou hast redeemed me, O Lord God of truth. We therefore pray Thee help Thy servants, whom Thou hast redeemed by Thy precious blood. In Thee, O Lord, have I hoped: I shall not be confounded forever. O good Jesus, hide me in Thy wounds. My Jesus, Thou wilt not deny me pardon, Who did not refuse to give Thy life and Thy blood for me . Passion of Jesus, merits of Jesus, wounds of Jesus, blood of Jesus, death of Jesus, behold my hope. Mary, my Mother, thou must save me: have pity upon me. Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope Holy Mary, Mother of God, pray for me a sinner. We fly to thy

protection, O holy Mother of God; despise not our petitions in our necessities, but deliver us from all dangers, O ever glorious and blessed Virgin. St. Michael, archangel, pray for us. St. Joseph, pray for us. O all ye holy angels and saints of God, pray for us.

Act of the Love of God (Father von Cochem)

O my God, Thou knowest how much my heart yearns to love Thee and to cling to Thee alone. O my sweet Love, grant that I may ever love Thee more and more and always think of Thee. O my God, how much do I love Thee I love Thee from the bottom of my heart, and with all the powers of my soul . O my dearest Father, I am unable to tell Thee how much I love Thee . I love Thee more than all the things of this world, nay, more than my very life. Willingly do I offer it to Thee, if thereby I can honor and please Thee. Would to God that this illness may tend to Thy greater glory and the salvation of my soul.

Act of Resignation to the Will of God (Father von Cochem)

O my God, I resign myself with all my heart to Thy divine will; dispose of me. As my beloved Redeemer in the Garden of Olives resigned Himself to Thy fatherly will, so in like manner do I resign myself. Graciously deign to receive my sufferings, and let my illness be for Thy glory. I unite all my pains with those of Thy divine Son, and my sickness with His bitter Passion. I accept everything from Thy divine hand and most willingly suffer it for Thy sake. As Thy Son accepted every suffering, so do I accept all my pain from Thy hand. I desire to suffer with the same patience as He endured His sacred Passion, and to offer to Thee my torments with the same love as Christ offered His.

Short Indulged Prayers

- My God and my All.
- My God, I believe in Thee, because Thou art the eternal Truth; I hope in Thee, because Thou art almighty, good and faithful; I love Thee, because Thou art the supreme Good.
- O omnipotence of the Father, sustain my weakness and save me from the abyss of my misery. O wisdom of the Son, direct all my thoughts, words, and works. O love of the Holy Ghost, be thou the beginning of all the operations of my soul, that they may always correspond to the good pleasure of God.
- Eternal Father, I offer Thee the precious blood of Jesus Christ in satisfaction for my sins and the wants of holy Church.
- May the most just, most high, and most amiable will of God be in all things done, praised and magnified forever.
- My Jesus, mercy.
- Jesus, my God, I love Thee above all things.
- My sweetest Jesus, be not my Judge, but my Saviour.
- Jesus, Son of David, have mercy on us.
- Saviour of the world, have mercy on us.
- Jesus, meek and humble of Heart, make my heart like unto Thine.
- O sweetest Heart of Jesus . I implore That I may ever love Thee more and more.

Prayer for an Invalid in a State of Unconsciousness

Almighty and eternal God, heavenly Father, sovereign Master of life and death, mercifully look down on this sick man who is in such great need. Is he not Thy child and has he not honored and loved Thee? and if at times he has offended Thee by sin, has he not made expiation by his contrition and penance? Unable to console and exhort him, because Thou hast deprived him of speech and hearing, we humbly beseech Thee to give him so much more interior consolation and strength against every temptation of Satan. Bountiful Father, look mercifully down upon this sick man; do not abandon him who in this hour of utter help lessness is in such need of Thy assistance. Forgive him all the sins by which he has ever offended Thee, that they may not trouble him at his departure from this world and prevent him from

seeing Thy divine face. Do not let him fall into any grievous temptation but uphold him by Thy powerful grace that neither the pain of illness, nor the fear of death, a want of confidence on account of past sins, nor the wiles of Satan may induce him to fall away from Thee. Make haste to deliver him from this most distressing state, and let his soul be commended into Thy hands. Through Jesus Christ, Our Lord, Thy Son, Who liveth and reigneth with Thee and the Holy Ghost, world without end. Amen.

Blessing over a Sick Man

May the Lord bless and guard thee [me]. May the Lord turn His face to thee and be gracious to thee. May the Lord give thee His peace. I bless thee [myself] in the name of the Lord. May the Lord, Who has made heaven and earth, bless thee from Sion. May God have mercy on thee and let the light of His countenance shine upon thee and be gracious to thee. May the angel of the Lord assist thee. May the Lord relieve thee on thy [my] bed of suffering. May the Lord be merciful unto thee, and not take into account thy sins, and heal thee from all thy weaknesses. May the Lord avert everlasting death from thee, and crown thee with mercy and abundance of grace. The Lord guard and preserve thy soul now and forever. Amen. The Lord Jesus Christ be with thee to defend thee, within thee to refresh thee, round about thee to guard thee, before thee to guide thee, behind thee to protect thee, above thee that He may in every way shelter and bless thee. May the Holy Ghost descend and dwell with thee. May the Blessed Trinity fill thy heart with every good forever and ever. Amen.

